

CONCENTRATION GAME

*to enhance the Classroom Survival Skills:
Staying On Task & Mind Your Own Business*

Objective: Students will be able to concentrate without getting distracted by students, adults, and/ or things around them.

Teach: Explain why it is important to be able to concentrate no matter how many distractions there may be. We need to be able to ignore distracters so we can:

- ✓ Complete our work
- ✓ Practice and learn what has been taught
- ✓ Move on to the next subject

Play:

1. Inform the class they will be playing the *Concentration Game*.
2. Define the word "**Distraction**"- something that interferes with concentration or takes attention away from something else. Ask for examples of things that can be distracting.
3. Define the word "**Concentration**"- the direction of all thought or effort toward one particular task, idea, or subject. Ask students what it looks like to concentrate.
4. Assign all students to be **Concentrators**. At a given time, all students will be asked to open a book and silently read at their desk...they will be **concentrating** on their reading.
5. Identify and introduce one or two **Distracter(s)**. Inform students the **Distracters** will intentionally attempt to distract the rest of the students from their work. The **Distracters** may do this in a variety of ways including: walking around the room, calling student's by name, gently tapping them on their shoulder, running out the door, etc.
6. The **Concentrators** are not allowed to look up from their work, laugh, talk, giggle, etc. They are to keep their eyes on their books at all times.
7. Introduce the **Timer**. This person will be watching the **Concentrators** and the clock. Once any one Concentrator becomes distracted the time stops for the whole class.
8. The goal of the game is to concentrate for as long as possible without becoming distracted.
9. Ask if anyone has any questions.

Begin the game.

- **Timer** says, "*Start*". **Concentrators** begin to concentrate and **Distracters** try to distract.
- **Timer** says, "*Stop*" once any one **Concentrator** becomes distracted and record the time
- Play the game daily to improve last recorded time and to grow concentration and **Staying on Task & Minding Your Own Business (MYOB) Classroom Survival Skills**

Check for Understanding

1. Review with the class the reasons why it is important to be able to concentrate without becoming distracted.
2. Talk about comments / concerns students had during the game.