

Communicating Honestly

Suggested Role-Plays

- 1.** You took a friend's textbook without asking and lost it. Following the steps of the skill, show or describe how you would admit what you did.
- 2.** While the teacher stepped out of the classroom, you and three classmates started playing around with the lab equipment and accidentally broke several glass beakers. When the teacher returned, she saw the shattered glass on the floor and asked you what happened. Show or describe how you would respond.
- 3.** Your girlfriend asks your opinion about the new dress she's wearing. You know she saved for months to buy it, and it's too late to return it. You think the color is ugly and the fit is not flattering. What can you say that is honest, but won't hurt her feelings?

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Think Sheet

Name _____ Date _____

What does honesty mean to you?

How do you feel when you find out someone was not truthful with you?

What reasons or excuses have you used to explain or justify why you were not truthful or honest with someone?

Is it important to have an honest, trustworthy reputation? Explain your answer.

How can the skill of **Communicating Honestly** help you at school?

How can the skill of **Communicating Honestly** help you outside of school?

Communicating Honestly

- 1. Look at the person.**
- 2. Use a clear voice. Avoid stammering or hesitating.**
- 3. Respond to questions factually and completely.**
- 4. Do not leave out details or important facts.**
- 5. Truthfully take responsibility for any inappropriate behaviors you displayed.**